

**Amendments to the Specification:**

Please replace the paragraph appearing on page 13, line 4 to page 14, line 2 with the following:

As shown in Figure 15, the locking mechanism 62 is essentially cylindrical in shape and has a first end 27 and a second end 28. The locking mechanism 62 may be made from a material such as a high strength aluminum alloy for light weight and durability. The first end 27 of the locking mechanism 3 includes a release button 30, a screw 35, a first compression spring 36, a spacer 37, a sleeve 84, a second compression spring 38, a ratchet 39 consisting of a driving portion 40 and a stationary portion 41, and a one-way clutch 42. The sleeve 84 has a first face 88 and a second face 89. A button receiving recess 85 extends from the first face 88 toward the second face 89. A second compression spring receiving recess 86 extends from the button receiving recess 85 through the second face 89 and has a smaller diameter than the button receiving recess 85. As shown in Figure 10, the spacer 37 is arranged in the button receiving recess 85. The second compression spring 38 is arranged in the second compression spring receiving recess 86 so that the second compression spring 38 is arranged adjacent to the spacer 37. The one-way clutch 42 and the ratchet 39 are arranged in the clutch receiving recess 68 of the body 61 so that the driving portion 40 is arranged adjacent to the second compression spring 38 and the stationary portion 41 is arranged adjacent to the driving portion 40. The stationary portion ~~bearing~~ 41 may be integrally formed with the clutch receiving recess 68. In the alternative, the driving portion 40 may be arranged in the second compression spring receiving recess 86 of the sleeve 84. Additionally, the second compression spring 38 and the spacer 37 could be eliminated, and the first compression spring 36 could be arranged adjacent to the driving portion 40. The second end 28 of the locking mechanism 3 includes a central axle 50 with a pawl 52.